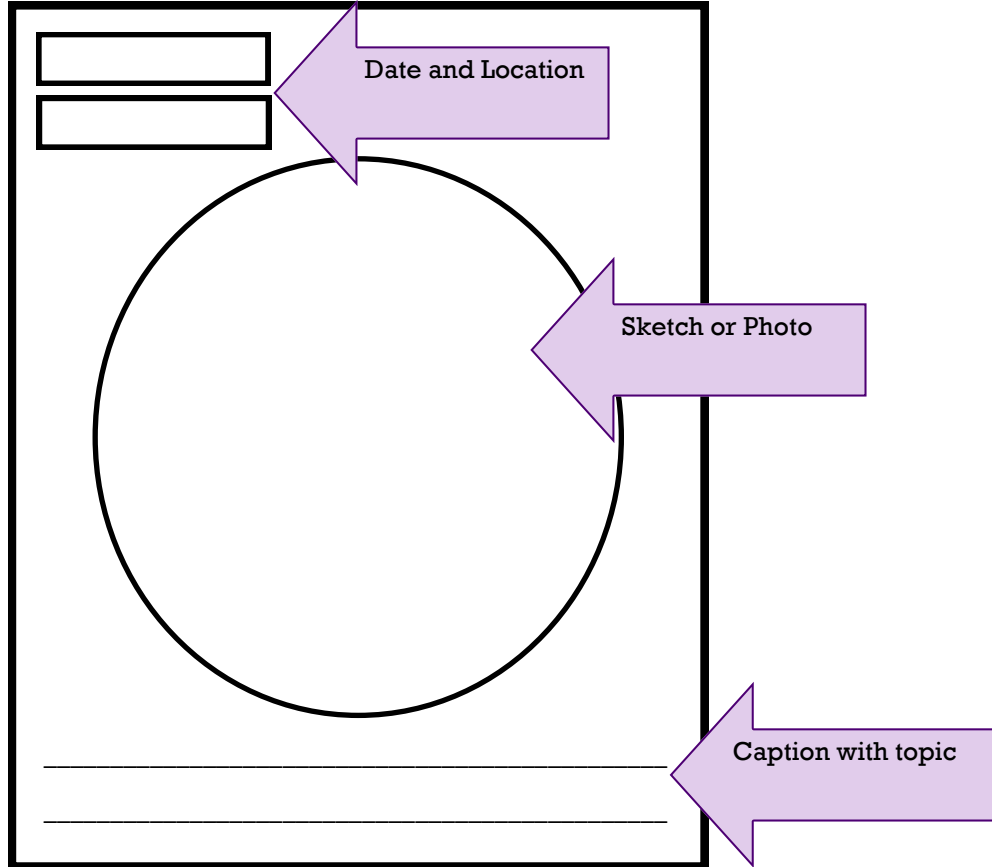


Anatomy of a Nature Journal Page by Barbara McCoy



Supplies:

- #2 Pencil
- Colored pencils
- Thin tip markers
- Crayons

Extras:

- Watercolors
- Double-backed tape

Don't miss my HubPage on nature journals.

[Nature Notebooking](#)

- Keep your nature journal pages simple and you will find that your children will be more apt to complete a page or two each week.
- Carry your essential supplies with you. For starters, just carry a #2 pencil and a journal page (single page or bound journal).
- Keep the nature journal supplies handy during your outings and bring them out when you have a few minutes to record your observations.
- Use pencil and paper out in the field and then add some color when you get home if your child wants to continue working on their page. I always offered and they could accept or not.
- The elements of the nature journal page can be arranged in any order for variety. Try putting the captions on the side or the sketch at the bottom.
- If your child is ready for more ideas, use the ideas on page four of the printable [3 Steps to a Better Nature Study Experience](#).

Things to Include

- ◇ Date
- ◇ Location
- ◇ Sketch or photo
- ◇ Caption with the subject and any other observations
- ◇ Add color?
- ◇ Adhere any items you found and want to keep
- ◇ Add your signature if you want

Cut this out and put in the front of your nature journal.